

## Bell County explores economic impact of homelessness, mental illness in Central Texas

The cycle of homelessness through jails and hospitals costs tax payers more than if individuals suffering from mental illness had access to affordable housing and mental health care resources with housing and employment supports.

### March 22, 2017

### *The Economics of Behavioral Wellness*

Bell County Expo  
Center Assembly  
Hall  
Belton, TX  
**March 22, 2017**  
8:00 am - 4:30 pm



Hosted in collaboration with the Bell County Commissioners Court, Bell County Supportive Housing Coalition, Central Counties Services, National Alliance for Mental Illness, CTCOG Regional Planning Staff, Metroplex Health System, with local municipality participation.

#### Who should attend:

- Central Texas City and County Officials
- Business and Community Leaders
- Housing Stakeholders
- Health Care Stakeholders
- Policy and Decision Makers
- Community Health and Human Service Leaders
- Financial Institutions
- Law Enforcement
- Independent School District Leaders
- Faith community

Seeking vendors for  
community resource  
booths

**Registration Cost: \$20.00 (Includes Lunch)**

To register or for more information please contact Rita Kelley at:  
[rita.kelley@bellcounty.texas.gov](mailto:rita.kelley@bellcounty.texas.gov)  
254-618-4193

\* For information regarding available scholarships and vendor booths, please contact Rita Kelley.

If you have a business in, are a service provider in, or employed in Central Texas, you will want to be at the Economics of Behavioral Wellness summit.

The ultimate goal of the summit is to share the economic impact to businesses/employees, families, county and municipal government, and tax payers when individuals with mental illness do not have access to appropriate resources at the community level and show how certain interventions glean positive fiscal and human outcomes.

Business community members, health care providers, community resource stakeholders, local county and municipal government decision makers, and residents in Bell County and the surrounding counties who have an interest in behavioral health issues are invited to attend and learn how to make a positive economic impact as well as improve the mental health outcomes of your fellow Central Texans.

To register or for more information about the summit, vendor booths, and available scholarships, contact Rita Kelley at [rita.kelley@bellcounty.texas.gov](mailto:rita.kelley@bellcounty.texas.gov) or at (254) 618-4193.



Source: Getty Images

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Central Counties Services  
Administration  
304 South 22nd Street  
Temple, Texas 76501  
254.298.7000  
[centralcountiesservices.org](http://centralcountiesservices.org)

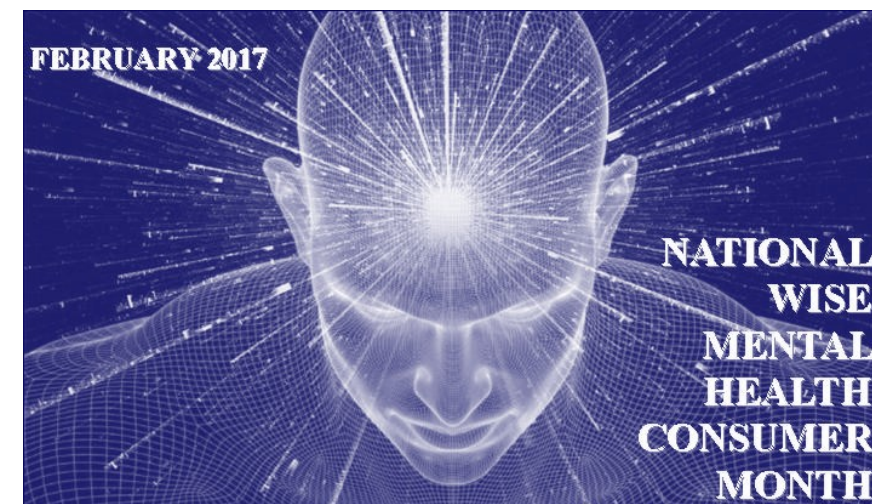
**24/7 Toll Free Crisis Line:**  
**1.800.888.4036**

Serving the residents of Bell, Coryell, Hamilton, Lampasas, and Milam Counties since 1967.

**Our Mission:**  
Improving the lives of the people we serve.

**Our Vision:**  
A community where all people grow and develop in a healthy and vigorous way.

Central Counties Services  
Board of Trustees  
meets at 6:30 p.m.  
on the fourth Tuesday  
of every month.



## Choosing the right mental health clinician for you

**National Wise Mental Health Consumer Month is sponsored by The American Institute of Preventive Medicine.**

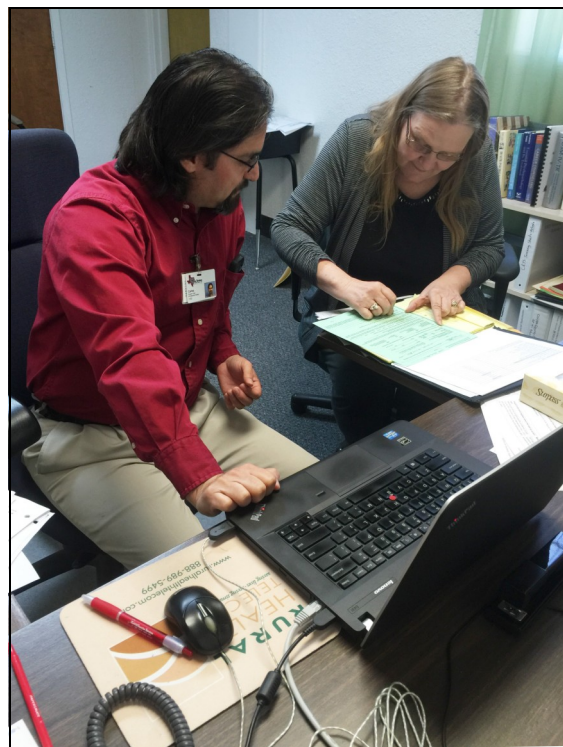
Seeking help with mental health can be intimidating, but it does not have to be. Recognizing the need for help is the first step in the process. The second step is identifying where help is needed, such as with addiction, an eating disorder, dealing with abuse in a family or personal relationship, a mood disorder, or profound, long-lasting feelings of sadness. Being able to describe the issues faced will identify an appropriate therapist.

Often, a family doctor can refer patients to a licensed mental healthcare professional. Employer-provided insurance also is a source of information regarding referrals. If obtaining a referral through employer coverage isn't an option, there are many organizations which provide state-by-state mental health provider listings, including, the American Psychological Association, the National Mental Health Information Center, and the Centers for Disease Control.

At Central Counties Services our Goal is "Meeting Behavioral and Developmental Needs." Central Counties Services provides services to children and adults living with severe and persistent mental illness using the Texas Recovery and Resiliency model provided by the Texas Department of State Health Services.

**Wise Mental Health Consumer Month, continued on page 2.**





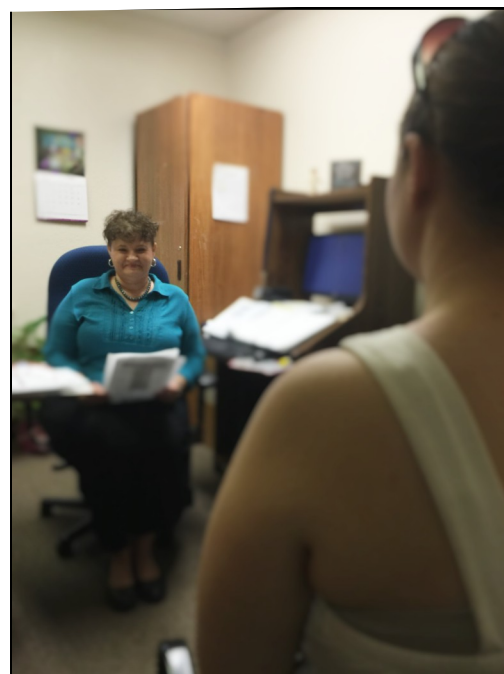
### Wise Mental Health Consumer Month, continued.

Our goal is to provide hope, supports, skills and recovery. Individuals must reside in Bell, Coryell, Lampasas, Milam and Hamilton counties. Evidenced Based Best Practices are an integral part of services provided. To qualify for adult services, a person must be assessed as being a part of the State's target population, typically living with Schizophrenia, Bipolar Disorder or Major Depressive Disorder. For individuals not meeting eligibility criteria, referrals are made. All persons in crisis may be served by our Center. After assessment for eligibility, an individual is assigned a Case Worker and a Person Centered Recovery Plan is developed with participation of the individual seeking assistance. The following array of services may be available depending on the individual's needs: Crisis Hotline, Crisis Intervention, Screening, Intake/Referral, Routine Case Management, Medication Training and Support, Supported Housing, Supported Employment, Counseling, Pharmacological Management, Assertive Community Treatment (ACT), Psychosocial Rehabilitation Services, Crisis Respite Transition Services, Peer Support Services and Temple Day Program. For more details about each service, please visit our website at <https://centralcountiesservices.org> or call us at 254.298.7171.

Children's Mental Health Services (CMHS) provides services to children and adolescents between the ages of three and seventeen with serious emotional and behavioral problems causing significant disruption in their life, who reside in Bell, Coryell, Lampasas, Hamilton and Milam counties. The goals of our services are to strengthen family units while improving the child or adolescent's ability to function within his/her home, school and community. Because children and adolescents cannot effectively be helped in isolation, we work closely with their families and other significant influences of their life. Services are clinic, home, school and community based. Services include Assessment/Referral, Medication Related Services, Counseling, Skills Training, Family Training and Support, Case Management, Case Stabilization and Youth Empowerment Services (YES). Please call 254.298.7171 for additional information or to schedule an intake appointment.

For more information on becoming a wise mental health consumer, visit Substance Abuse and Mental Health Services Administration (SAMHSA) at [findtreatment.samhsa.gov/locator/link-focMHCA](http://findtreatment.samhsa.gov/locator/link-focMHCA), and Texas Department of State Health Services at <http://www.dshs.texas.gov/mhservices/default.shtm>.

Information source: Central Counties Services Mental Health Staff.



# March is Developmental Disabilities Awareness Month

## About Intellectual & Developmental Disabilities Services at CCS

Central Counties Intellectual and Developmental Disabilities Services offers services for individuals diagnosed with approved intellectual and developmental disabilities per State requirements. Services available are:

- Determination of Intellectual Disability
- Service Coordination
- Day Habilitation
- Community Support Services
- Respite
- Behavior Supports
- Crisis Services
- Placement Services



Individuals or their families interested in learning about services should contact our Intake Department at 254-770-2336. In addition to learning about the services above the Intake Department can ensure that individuals are placed on state-wide waiting list for Medicaid Waiver programs, which offer a wider variety of services.

For information about these services and other services, please call (254) 770-2336 or visit [centralcountiesservices.org](http://centralcountiesservices.org).

**24/7 Toll Free Crisis Line:**  
**1.800.888.4036**

**Toll Free Non-Emergency Line:**  
**844.815.6221**

**Improving the lives  
of the  
people we serve.**



**Find us at:**  
**[centralcountiesservices.org](http://centralcountiesservices.org)**  
**Call us at: 254.298.7000**

**And on  
Facebook, Twitter, and  
YouTube**

